MEMORY MONITOR WINDOW:

Provides real time monitoring of the two heap sizes; Object (managed by the CPX memory manager) and Concentration (managed by the Macintosh memory manager). These two indicators are updated every 5 seconds by default.

The A field shows the amount of memory remaining in the application heap space (managed by the operating system). The O field shows the amount of memory remaining in the object heap space (managed by the CPX object manager).